

Keevil CofE Academy PSHE Curriculum Overview

This scheme delivers all aspects of the PSHE Association’s recommended programme of study; through which is woven the means by which we teach **Fundamental British Values** and how we develop, in part, our **Keevil Characteristics**.

<p>Year 1</p>	<p>Relationships - Peers</p> <p>KS1</p> <ul style="list-style-type: none"> to recognise how their behaviour affects other people to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class COMMUNICATION to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation) TEAMWORK AND PROBLEM-SOLVING to offer constructive support and feedback to others TEAMWORK <p>KS2</p> <ul style="list-style-type: none"> to recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships to recognise ways in which a relationship can be unhealthy and who to talk to if they need support. that their actions affect themselves and others to work collaboratively towards shared goals TEAMWORK to develop strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves TEAMWORK AND PROBLEM-SOLVING to resolve differences by looking at alternatives, seeing and respecting others’ points of view, making decisions and explaining choices TEAMWORK AND PROBLEM-SOLVING 	<p>Anti-Bullying</p> <p>KS1</p> <ul style="list-style-type: none"> to recognise what is fair and unfair, kind and unkind, what is right and wrong to judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them) that people’s bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable) to recognise when people are being unkind either to them or others, how to respond, who to tell and what to say RESILIENCE that there are different types of teasing and bullying, that these are wrong and unacceptable how to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help <p>KS2</p> <ul style="list-style-type: none"> to realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber bullying, use of prejudice-based language, how to respond and ask for help) to recognise and manage ‘dares’ RESILIENCE Pupils should have the opportunity to recognise bullying and abuse in all its forms (including prejudice-based bullying both in person and online/via text) to realise the consequences of anti-social and aggressive behaviours such as bullying and discrimination of individuals and communities 	<p>Keeping Safe</p> <p>KS1</p> <ul style="list-style-type: none"> that household products, including medicines, can be harmful if not used properly. rules for and ways of keeping physically and emotionally safe (the difference between secrets and surprises and understanding not to keep adults’ secrets; road safety, cycle safety and safety in the environment (including rail , water and fire safety)) to recognise that they share a responsibility for keeping themselves and others safe, when to say, ‘yes’, ‘no’, ‘I’ll ask’ and ‘I’ll tell’ the difference between secrets and surprises and the importance of not keeping adults’ secrets, only surprises <p>KS2</p> <ul style="list-style-type: none"> to differentiate between the terms, ‘risk’, ‘danger’ and ‘hazard’ to deepen their understanding of risk by recognising, predicting and assessing risks in different situations and deciding how to manage them responsibly (including sensible road use and risks in their local environment) and to use this as an opportunity to build resilience to recognise their increasing independence brings increased responsibility to keep themselves and others safe that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media to recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong school rules about health and safety, basic emergency aid procedures, where and how to get help strategies for keeping physically and emotionally safe including road safety (including cycle safety- the Bikeability programme), safety in the environment (including rail , water and fire safety) about people who are responsible for helping them stay healthy and safe and ways that they can help these people to judge what kind of physical contact is acceptable or unacceptable and how to respond the concept of ‘keeping something confidential or secret’, when we should or should not agree to this and when it is right to ‘break a confidence’ or ‘share a secret’ 	<p>Emotions</p> <p>KS1</p> <ul style="list-style-type: none"> To recognise what they like and dislike, how to make real informed choices that improve their emotional health, to recognise that choices have good and not so good consequences. RESILIENCE About good and not so good feelings, a vocabulary to describe their feelings to others and simple strategies for managing feelings. RESILIENCE to communicate their feelings to others, to recognise how others show feelings and how to respond <p>KS2</p> <ul style="list-style-type: none"> to deepen their understanding of good and not so good feelings, to extend their vocabulary to enable them to explain both the range and intensity of their feelings to others RESILIENCE to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them RESILIENCE to recognise and respond appropriately to a wider range of feelings in others 	<p>Citizenship</p> <p>KS1</p> <ul style="list-style-type: none"> how to contribute to the life of the classroom to help construct, and agree to follow, group and class rules and to understand how these rules help them that people and other living things have needs and that they have responsibilities to meet them (including being able to take turns, share and understand the need to return things that have been borrowed) begin to understand the fundamentals of a democratic process <p>KS2</p> <ul style="list-style-type: none"> to research, discuss and debate topical issues, problems and events concerning health and wellbeing and offer their recommendations to appropriate people COMMUNICATION why and how rules and laws that protect themselves and others are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules to understand that everyone has human rights, all peoples and all societies and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child that these universal rights are there to protect everyone and have primacy both over national law and family and community practices to know that there are some cultural practices which are against British law and universal human rights, such as female genital mutilation that there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment understand the democratic process in Britain, how Councils and Parliament are run, and the separate nature of the judiciary 	<p>Changes/ Moving On</p> <p>KS1</p> <ul style="list-style-type: none"> To think about themselves, to learn from experiences, to recognise and celebrate their strengths and set simple but challenging goals. DILIGENCE AND LEARNING About change and loss and the associated feelings (including moving home, losing toys, pets or friends) <p>KS2</p> <ul style="list-style-type: none"> to reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals DILIGENCE AND LEARNING about change, including transitions (between Key Stages and schools), loss, separation, divorce and bereavement
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<p>Year 2</p>	<p>Communities</p> <p>KS1</p> <ul style="list-style-type: none"> to identify and respect the differences and similarities between people that they belong to various groups and communities such as family and school what improves and harms their local, natural and built environments and about some of the ways people look after them <p>KS2</p> <ul style="list-style-type: none"> to listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary constructively challenge their points of view COMMUNICATION that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010) to recognise and challenge stereotypes what being part of a community means, and about the varied institutions that support communities locally and nationally to recognise the role of voluntary, community and pressure groups, especially in relation to health and wellbeing to appreciate the range of national, regional, religious and ethnic identities in the United Kingdom to think about the lives of people living in other places, and people with different values and customs 	<p>Digital Safety</p> <p>KS1</p> <ul style="list-style-type: none"> rules for and ways of keeping physically and emotionally safe (including safety online, the responsible use of ICT) <p>KS2</p> <ul style="list-style-type: none"> to recognise how images in the media do not always reflect reality and can affect how people feel about themselves to explore and critique how the media present information safety online(including social media, the responsible use of ICT and mobile phones) the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others Pupils should have the opportunity to recognise bullying and abuse in all its forms (including prejudice-based bullying both in person and online/via text) 	<p>Money, Money, Money</p> <p>KS1</p> <ul style="list-style-type: none"> that money comes from different sources and can be used for different purposes, including the concepts of spending and saving about the role money plays in their lives including how to manage their money, keep it safe, choices about spending money and what influences those choices <p>KS2</p> <ul style="list-style-type: none"> about the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer to develop an initial understanding of the concepts of 'interest', 'loan', 'debt', and 'tax' (e.g. their contribution to society through the payment of VAT) that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment about enterprise and the skills that make someone 'enterprising' 	<p>Relationships - Family</p> <p>KS1</p> <ul style="list-style-type: none"> about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them to identify their special people (family, friends, carers), what makes them special and how special people should care for one another <p>KS2</p> <ul style="list-style-type: none"> that there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment 	<p>Keeping Healthy</p> <p>KS1</p> <ul style="list-style-type: none"> What constitutes a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health. To recognise what they like and dislike, how to make real informed choices that improve their physical health, to recognise that choices have good and not so good consequences. RESILIENCE The importance of and how to maintain personal hygiene. How some diseases are spread and can be controlled and the responsibilities they have for their own health and that of others. <p>KS2</p> <ul style="list-style-type: none"> what positively and negatively affects their physical, mental and emotional health (including the media) RESILIENCE how to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle' RESILIENCE to recognise opportunities to make their own choices about food, what might influence their choices and the benefits of eating a balanced diet that bacteria and viruses can affect health and that following simple routines can reduce their spread what is meant by the term 'habit' and why habits can be hard to change which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety, that some are legal, some are restricted and some are illegal to own, use and supply to others 	<p>Growing Up (RSE)</p> <p>KS1</p> <ul style="list-style-type: none"> About the process of growing from young to old and how people's needs change. About growing and changing and new opportunities and responsibilities the increasing independence may bring. The names for the main parts of the body (including external genitalia), the similarities and differences between boys and girls. <p>KS2</p> <ul style="list-style-type: none"> how their body will, and emotions may, change as they approach and move through puberty about human reproduction about taking care of their body, understanding that they have autonomy and the right to protect their body from inappropriate and unwanted contact; understanding that actions such as female genital mutilation (FGM) constitute abuse, are a crime and how to get support if they have fears for themselves or their peers. to be aware of different types of relationship, including those between acquaintances, friends, relatives and families, that civil partnerships and marriage are examples of stable, loving relationships and a public demonstration of the commitment made between two people who love and care for each other and want to spend their lives together and who are of the legal age to make that commitment to be aware that marriage is a commitment freely entered into by both people, that no one should enter into a marriage if they don't absolutely want to do so Pupils should have the opportunity to learn about the difference between sex, gender identity and sexual orientation and the terms associated with sex, gender identity and sexual orientation
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